Student Health Advisory Council

AGENDA for Wednesday, January 18, 2023

4:00 pm | Central Office - Board Room

- 1. Welcome and Introductions
- 2. Staff Flu Shot Clinic Information -
 - Ennis ISD provided 243 staff members with Flu shots at no cost to the employee. A few were also able to receive the shingles and pneumonia vaccines as well. Due to a high demand for B12 shots, the district is able to utilize the same company to return for monthly B12 injections on each campus. Employees are reporting positive feedback in energy and overall well being. These injections are not covered by the district.
- 3. Lions Club Vision Clinic-
 - 46 students received glasses at our Fall clinic

Spring Clinic date March ?, 2023

- 4. AIM 4 Success feedback
 - Our AIM 4 Success Sex Education/Abstinence Program took place in October at The Alamo and EJHS. We had (230) 6th graders in attendance and (165) 8th graders. Reminder: that this is an "Opt-In" program.

- 5. CPR beginning in February for Juniors & Seniors- requirement to graduate. According to HB 897/SB 261, Texas public high schools are required to provide 30 minutes of CPR instruction to all students at some point in their secondary education curriculum before graduation. We teach hands only and then the students check off individually with CPR dummies.
- 6. Beginning of FitnessGram-
 - Pre-K through 12th- takes place in PE
 - A program developed by the Cooper Institute that measures aerobic capacity, musculoskeletal fitness, and body composition
 - The program's database structure produces compiled class reports that allows for long term tracking of the students fitness over time.
- 7. COVID/ Flu number update-
 - November & December were dominated by Flu in the district
 - Since return from break Covid numbers are increasing and flu numbers have rapidly declined
- 8. Next SHAC Meeting
 - March 1, 2023 (Guest Speaker Leslie Deen Ellis County Child's Advocacy Center)

In attendance:

Wade Bishop Heather Trojacek Keira Parker Tricia Davenport

Brittany Webb Krista Valek

Sara Wilder Kandice Hardy
Nichelle Johnson Lauren Foust